



**2020-2021 Junior High Girls and Boys  
Basketball Practice Schedule @ FA Gym**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Girls</b> 6:15-7:35 am	<b>Boys</b> 6:15-7:35 am	<b>Girls</b> 6:15-7:35 am	<b>Boys</b> 6:15-7:35 am	<b>NO PRACTICE</b>
<b>Boys</b> 8:00-9:15 am	<b>Girls</b> 8:00-9:15 am	<b>Boys</b> 8:00-9:15 am	<b>Girls</b> 8:00-9:15 am	

**BOYS TRYOUTS ~ will occur 1<sup>st</sup> week of practice**

**GIRLS TRYOUTS ~ will occur 1<sup>st</sup> week of practice**

**Practices begin November 3**

**Boys:**

- On Mon/Wed, which is the boys long PE day, they will practice during their PE time.
- If it is a game day and a PE day, the PE teachers will modify workout as needed.

**Girls:**

- On Tues/Thurs, which is the girls long PE day, they will practice during their PE time.
- If it is a game day and a PE day, the PE teachers will modify workout as needed.
- The **one day of conflict** for those who cheer and play basketball is some Tuesday mornings; please talk with your coaches if you are in this situation.

